Spontaneous pneumomediastinum: an uncommon complication from an augmented physiological belching (imitating a TV show game)

KC Shek, CM Lo, KL Ong, CW Kam

Noisy belching in front of other people, often considered to be an impolite manner, may not be as harmless as it seems. We report on a patient who had spontaneous pneumomediastinum after intentional induction of noisy belching by rapid excessive intake of carbonated drinks (imitating the game played in a popular local television program "The Super Trio Continues..."). The clinical features, investigations and management of spontaneous pneumomediastinum are discussed. (Hong Kong j.emerg.med. 2005;12:104-107)

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