Application Form
Mindfulness-Based Stress Reduction (MBSR) for Health Care Professionals (C333)

Please delete as appropriate:  □ Prof.  □ Dr.  □ Mr.  □ Ms.  □ Mrs.

Name of Applicant: (Surname) __________________________ (First name) __________________________

(Chinese Name) ____________________________________________

Correspondence Address: ____________________________________

Tel.No.: ___________________ Fax No.: ___________________ Email Address: __________________________

Company Name: __________________________________________

Occupation: __________________________ CNE points required (for Nurses only): □ Yes □ No

Title: ____________________________________________________

Education (please tick):
□ Secondary  □ Undergraduate  □ Postgraduate  □ Others ______________

Sources of learning about the course (please tick):
□ Patient resources & social Centre  □ Self help groups  □ Youth centres
□ Clinics of Department of Health  □ FMS Website  □ Hospital wards
□ Health related organizations  □ The Hong Kong Medical Diary  □ CME/CPE/CNE colleges
□ University libraries  □ Schools  □ Others (please specify):
□ Nursing societies  □ Sports centres

Course Fee: $3,500

Cheque No: ______________________ made payable to: Federation of Medical Societies of Hong Kong

__________________________ ________________________
Signature                                                         Date

Note:
1. Out-of-session mindfulness practice of 45 minutes per day, 6 out of 7 days per week during the course is recommended.
2. The application form together with the appropriate fee should be sent to the Secretariat of the Federation of Medical Societies of Hong Kong, 4/F Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong.
3. Fees are not refundable, except in the event of a course being oversubscribed or cancelled.
4. The Federation of Medical Societies of Hong Kong (FMSHK) reserves the right to cancel or re-schedule a course due to any unforeseen circumstances. The FMSHK is not responsible for any cost incurred by the collaborating organizations or the participants, should cancellation or any changes take place after any participants register for the course.
5. No classes will be held when typhoon signal No. 8 or above or black rainstorm warning is still hoisted after 12.00 noon. Please contact the Secretariat at 2527 8898 to enquire matters regarding cancellation of class due to typhoon or black rainstorm.