



## Contents

### Editorial

- **Cosmetic Surgery & Medicine in Hong Kong** 2  
*Dr. Walter WK KING*

### Medical Bulletin

- **Restoration after Childbirth** 4  
*Dr. Walter WK KING* CME
- **MCHK CME Programme Self-assessment Questions** 5
- **Upper Blepharoplasty** 7  
*Dr. Philip Cheung HSIEH*
- **Lip Improvement Surgery** 11  
*Dr. Man-kuong TUNG*
- **Plastic Surgery for Facial Injury and Facial Skin Lesions / Tumours** 14  
*Dr. Chun-on MOK*
- **Lower Blepharoplasty: How to Avoid Complications** 20  
*Dr. Vincent KH KWAN*

### Dermatological Quiz

- **Dermatological Quiz** 12  
*Dr. Ka-ho LAU*

### Society News

24

### Federation News

25

### Medical Diary of August

26

### Calendar of Events

- **Course / Meeting** 28

## Disclaimer

All materials published in the Hong Kong Medical Diary represent the opinions of the authors responsible for the articles and do not reflect the official views or policy of the Federation of Medical Societies of Hong Kong, member societies or the publisher.

Publication of an advertisement in the Hong Kong Medical Diary does not constitute endorsement or approval of the product or service promoted or of any claims made by the advertisers with respect to such products or services.

The Federation of Medical Societies of Hong Kong and the Hong Kong Medical Diary assume no responsibility for any injury and/or damage to persons or property arising from any use of execution of any methods, treatments, therapy, operations, instructions, ideas contained in the printed articles. Because of rapid advances in medicine, independent verification of diagnoses, treatment method and drug dosage should be made.

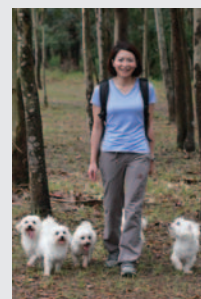
## The Cover Shot



I took this photo in Morocco when I was travelling with my Grandma sometime ago. "Young and old"- was, and still is, the question in my mind. What will I look like when I grow old? Will these wrinkles make me wiser?

"Love all the parts of yourself, and if you can't love them, change them. If you can't change them, then accept them as they are."...Cherie Carter - Scott, "If Love Is a Game, These Are the Rules"

"Que Sera, Sera...Whatever will be, will be...."  
An old song keeps echoing in my mind.



**Ms. Flori LAM**

APN  
Pain Management, QEH