

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				★ HKMA Council Meeting		
			1	2	3	4
★ HKMA Structured CME Programme at Queen Elizabeth Hospital Year 07/08 (V) - O&G and X-Ray 5	6	★ HKMA Newsletter Editorial Meeting 7	★ Hong Kong Neurosurgical Society Monthly Academic Meeting - "An Update on Neuroradiology" 8	★ HKMA Structured CME Programme with Hong Kong Sanatorium & Hospital Year 2007 (VIII) - Intraocular Contact Lens 9	10	★ Refresher Course for Health Care Providers 2006/2007 (XII) - Sexually Transmitted Diseases In The Community 11
★ Trailwalker 3rd Practice Session (Stage 9 & 10) 12	★ FMSHK Officers' Meeting 13		★ FMSHK Executive Committee & Council Meetings 15	16	17	18
19	20	21	22	23	★ Advanced Trauma Life Support (ATLS) Student Course 24	★ Advanced Trauma Life Support (ATLS) Student Course ★ Food and Health Day Course ★ Trailwalker 4th Practice Session (Stage 6, 7 & 8) ★ SHMT Dermatology Summit 2007 25
★ Advanced Trauma Life Support (ATLS) Student Course ★ HKMA Structured CME Programme at Kwong Wah Hospital Year 07/08 (V) - Cardiology 26	27	28	29	30	31	





Date / Time	Function	Enquiry / Remarks
2 THU 8:00 pm	HKMA Council Meeting Organised by: The Hong Kong Medical Association Chairman: Dr. K CHOI # HKMA Head Office, 5/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	Ms. Christine WONG Tel: 2527 8285
5 SUN 2:00 pm	HKMA Structured CME Programme at Queen Elizabeth Hospital Year 07/08 (V) - O&G and X-Ray Organised by: The Hong Kong Medical Association & Queen Elizabeth Hospital Speaker: Various # Lecture Theatre, G/F., Block M, Queen Elizabeth Hospital, Kowloon	Miss Viviane LAM Tel: 2527 8452 (Registration fee is required) 3 CME Points
7 TUE 8:00 pm	HKMA Newsletter Editorial Meeting Organised by: The Hong Kong Medical Association Chairman: Dr. H.H. TSE # HKMA Head Office, 5/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	Ms. Tammy TAM Tel: 2527 8941
8 WED 7:30 am	Hong Kong Neurosurgical Society Monthly Academic Meeting - "An Update on Neuroradiology" Organised by: Hong Kong Neurosurgical Society Chairman: Dr. Gilbert LEUNG Speaker: Dr. Hector MA # Seminar Room, G/F., Block A, Queen Elizabeth Hospital, Kowloon	Dr. Y.C. PO Tel: 2990 3788 Fax: 2990 3789
9 THU 2:00 pm	HKMA Structured CME Programme with Hong Kong Sanatorium & Hospital Year 2007 (VIII) - Intraocular Contact Lens Organised by: The Hong Kong Medical Association & Hong Kong Sanatorium & Hospital Speaker: Dr. CHANG So Min John # HKMA Dr. Li Shu Pui Professional Education Centre, 2/F., Chinese Club Building, 21-22 Connaught Road Central, Hong Kong	Miss Viviane LAM Tel: 2527 8452 (Registration fee is required) 1 CME Point
11 SAT 2:30 pm	Refresher Course for Health Care Providers 2006/2007 (XII) - Sexually Transmitted Diseases In The Community Organised by: The Hong Kong Medical Association & Our Lady of Maryknoll Hospital Chairman: Dr. W.H. YIP Speaker: Dr. LUK Nai Ming Tommy # Training Room II, 1/F., OPD Block, Our Lady of Maryknoll Hospital, 118 Shatin Pass Road, Wong Tai Sin, Kowloon, Hong Kong	Ms. Clara TSANG Tel: 2354 2440 2 CME Points
12 SUN 8:00 am	Trailwalker 3rd Practice Session (Stage 9 & 10) Organised by: The Hong Kong Medical Association Chairman: Dr. Y.H. CHOW # Tsuen Wan MTR Station Exit C	Miss Dorothy KWOK Tel: 2527 8285
13 MON 8:00 pm - 10:00pm	FMSHK Officers' Meeting Organised by: The Federation of Medical Societies of Hong Kong # Gallop, 2/F., Hong Kong Jockey Club Club House, Shan Kwong Road, Happy Valley, Hong Kong	Ms. Carmen CHEUNG Tel: 2821 3512 Fax: 2865 0345
15 WED 7:00 pm - 10:00pm	FMSHK Executive Committee & Council Meetings Organised by: The Federation of Medical Societies of Hong Kong # Council Chambers, 4/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	Ms. Carmen CHEUNG Tel: 2821 3512 Fax: 2865 0345
24 FRI (25,26)	Advanced Trauma Life Support (ATLS) Student Course Organised by: Department of Surgery, Li Ka Shing Faculty of Medicine, University of Hong Kong Medical Centre; Queen Mary Hospital & Hong Kong Chapter of the American College of Surgeons # Skills Development Centre, Department of Surgery, Li Ka Shing Faculty of Medicine, University of Hong Kong Medical Centre, Queen Mary Hospital, Pokfulam, Hong Kong	Program Manager Tel: 2855 4885 Fax: 2819 3416 Email: hnsrg@hkucc.hku.hk Website: http://www.hku.hk/surgery
25 SAT 9:00 am - 3:30 pm	Food and Health Day Course Organised by: The Federation of Medical Societies of Hong Kong & Hong Kong Nutrition Association Speaker: Various # Lecture Hall, 4/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, Hong Kong	Ms. Karen CHU Tel: 2821 3515 Fax: 2865 0345
3:30 pm	Trailwalker 4th Practice Session (Stage 6, 7 & 8) Organised by: The Hong Kong Medical Association Chairman: Dr. Y.H. CHOW # Tai Po Road (at the entrance of Kam Shan Road)	Miss Dorothy KWOK Tel: 2527 8285
8:00 am - 5:15 pm	SHMT Dermatology Summit 2007 Organised by: The Hong Kong Society of Dermatology and Venereology & The Hong Kong Association of Specialists in Dermatology Speaker: Various # Lecture Theatre, Cheung Kung Hai Conference Centre, G/F., William M.W. Mong Block, Li Ka Shing Faculty of Medicine Building, The University of Hong Kong, 21 Sassoon Road, Pokfulam, Hong Kong	Ms. Sigourney LIU Tel: 2290 1717 Fax: 2810 6913
26 SUN 2:00 pm	HKMA Structured CME Programme at Kwong Wah Hospital Year 07/08 (V) - Cardiology Organised by: The Hong Kong Medical Association & Kwong Wah Hospital Speaker: Various # Lecture Theatre, 10/F., Yu Chun Keung Memorial Medical Centre, Kwong Wah Hospital, Kowloon	Miss Viviane LAM Tel: 2527 8452 (Registration fee is required) 3 CME Points



Meetings

8/9/2007	9th Joint Annual Scientific Meeting Organised by: The Hong Kong Society of Gastroenterology, The Hong Kong Society of Digestive Endoscopy, Hong Kong Society for Coloproctology, Hong Kong Association for the Study of Liver Diseases & The Hong Kong Society of Gastrointestinal Motility Chairman: Dr. YUEN Man Fung Speaker: Various # Level 7, Langham Place Hotel, Mongkok, Kowloon Enquiry: Ms. Celia TAM Tel: 2869 5133 Fax: 2869 9533 CME Accreditation: Various
20/9/2007 7:00 pm	Annual General Meeting Organised by: Hong Kong Society for Coloproctology # World Trade Centre Club Hong Kong, 38/F., World Trade Centre, 280 Gloucester Road, Causeway Bay, Hong Kong Enquiry: Miss Christina LO Tel: 2595 6416 Fax: 2515 3195 Email: cloyy@ha.org.hk
29/9/2007 9:00 am - 6:00 pm	Health Research Symposium 2007 Organised by: Health, Welfare and Food Bureau Speaker: Various # Hong Kong Academy of Medicine, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong Enquiry: Ms. Lenora YUNG Tel: 2871 8841 Fax: 2871 8898
19-22/10/2007	16th Asian Congress of Surgery & 3rd Chinese Surgical Week Organised by: Asian Surgical Association & The Chinese Surgical Society of the Chinese Medical Association # Grand Epoch City, Beijing, China Enquiry: ASA Congress Secretariat Tel: 2855 4235 / 2855 4993 Fax: 2818 1186 Email: info@AsianSurgAssoc.org Website: www.AsianSurgAssoc.org
20/10/2007 1:00 pm - 5:30 pm	The Federation's Annual Scientific Meeting 2007 - Targeted Therapy in Cancer Organised by: The Federation of Medical Societies of Hong Kong # M/F, Lecture Theatre, Hospital Authority Building, Kowloon Enquiry: Ms. Karen CHU Tel: 2821 3515 Fax: 2865 0345 Website: www.fmsk.org
17-18/11/2007	Annual Scientific Meeting in Anaesthesiology 2007 - Expanding the Boundaries Organised by: The Hong Kong College of Anaesthesiology & The Society of Anaesthetists of Hong Kong # Hong Kong Convention and Exhibition Centre Enquiry: CMPMedica Pacific Limited Tel: 2559 5888 Fax: 2559 6910 Email: meeting.hk@asia.cmpmedica.com Website: www.hkca.edu.hk/asm2007.htm
24-25/11/2007	4th Asian Pacific Diabetic Limb Problems Organised by: Various Associations # William MW Mong Block, Li Ka Shing Faculty of Medicine, The University of Hong Kong, 21 Sassoon Road, Hong Kong Website: http://www.diabeticlimb.hk/

Courses

28,29,30,31/9/2007 1,2/10/2007	PALS Course 2007 Organised by: Hong Kong College of Paediatricians Speaker: Various # Hong Kong Academy of Medicine, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong Enquiry: Miss Karen YU Tel: 2871 8773 Fax: 2785 1850 CME Accreditation: 12 Points for Hong Kong College of Paediatricians
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Answer to Dermatological Quiz

Answer :

- The correct diagnosis is cutaneous lupus erythematosus, in the discoid form (DLE). The clinical picture shows multiple well defined erythematous scaly plaques with atrophic centres at his left cheek especially at the pre-auricular area. Careful examination of the active plaques at the left lateral cheek around the angle of the jaw reveals the presence of follicular plugging with destruction of hair follicles of the beard area by the disease process. Similar disease process is seen at the left parietal area of the scalp resulting in scarring alopecia. The sign of follicular plugging is a helpful clue suggesting the correct diagnosis. The onset of disease after his sunny trip and the location of the involved areas (face and scalp) suggest photosensitivity. The lack of systemic symptoms makes SLE unlikely. Differential diagnoses include tinea faciei/ capitis (which should have responded to the antifungal treatment), eczema/contact dermatitis and psoriasis.
- Diagnosis can be confirmed by skin biopsy taken at lesional skin for histology and direct immunofluorescence studies. The epidermis shows atrophic changes with the presence of scattered amorphous eosinophilic colloid bodies representing damaged keratinocytes. The dermo-epidermal junction shows the characteristic interphase dermatitis with vacuolar degeneration of basal keratinocytes. The basement membrane is thickened with mucin deposition. In the dermis, there are mild perivascular and periappendigeal infiltration with lymphohistiocytic cells. Hair follicles may exhibit damage to keratinocytes resulting in follicular plugging, hence the clinical morphological clue to the correct diagnosis. In more established lesions, follicular structures are destroyed and become atrophic or absent, hence giving rise to the clinical manifestation of scarring alopecia. Direct immunofluorescence shows the lupus band with granular deposits of IgG and /or IgM and/ or IgA and C3 at the dermo-epidermal junction.
- Full autoimmune profiles and systemic work up are indicated to rule out any systemic involvement by LE. DLE needs potent (such as mometasone furoate) or ultrapotent (such as clobetasol propionate) topical corticosteroids to control the inflammatory disease process so as to prevent scarring. After controlling the disease, less potent preparations can then be used for maintenance if necessary. For those lesions which do not respond to topical steroids, intralesional injections of triamcinolone are indicated. This may be considered in treating active DLE at the scalp which may lead to permanent scarring alopecia as seen in our patient. Extensive lesions sometimes require oral antimalarials (such as hydroxychloroquine), but rarely the drug may cause retinopathy. Hence ophthalmological assessment is required before and during treatment. Sun avoidance and sun protection with suitable sun screens are important measures for optimising disease control.

Dr. Ka-ho Lau

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