



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li>*Join Practice for the HKMA Orchestra and the Learners Chorus</li> <li>*HKMA CME Lecture on Management of Stress and Related Problems in Professionals &amp; Stress Management in Doctors</li> <li>*HKMA Dragon Boat Practising Session</li> <li>*HKMA Snooker Tournament</li> </ul> <p><b>2</b></p>	<p><b>3</b></p>	<ul style="list-style-type: none"> <li>*Should There Be Gender Differences When Treating Raised Blood Pressure and Cholesterol</li> </ul> <p><b>4</b></p>	<p><b>5</b></p>	<ul style="list-style-type: none"> <li>*Neck Pain &amp; Headache : Pain Medicine Clinic Perspective</li> <li>*HKMA Council Meeting</li> </ul> <p><b>6</b></p>		<ul style="list-style-type: none"> <li>*Certificate Course on Common Hand and Upper Limb Injuries (C96)</li> </ul> <p><b>1</b></p>
<ul style="list-style-type: none"> <li>*HKMA Structured CME Programme at Queen Elizabeth Hospital Year 06/07 (I)</li> <li>*HKMA Dragon Boat Practising Session</li> </ul> <p><b>9</b></p>	<p><b>10</b></p>	<p><b>11</b></p>	<ul style="list-style-type: none"> <li>*Post-Registration Certificate Course in Intensive Care Nursing</li> <li>*Hong Kong Neurological Society Monthly Academic Meeting - Acute Cervical Spine Injury: The Neurosurgeon's Perspectives</li> <li>*Bone Quality and Risk &amp; Concern in Postmenopausal Women</li> </ul> <p><b>12</b></p>	<ul style="list-style-type: none"> <li>*HKMA Structured CME Programme with Hong Kong Sanatorium &amp; Hospital Year 2006 (III) - Management of Lung Cancer</li> </ul> <p><b>13</b></p>	<p><b>14</b></p>	<p><b>15</b></p>
<p><b>16</b></p>	<p><b>17</b></p>	<p><b>18</b></p>	<p><b>19</b></p>	<ul style="list-style-type: none"> <li>*The Fifth Refresher Course on Coloscopy</li> </ul> <p><b>20</b></p>	<ul style="list-style-type: none"> <li>*Advanced Trauma Life Support (ATLS) Student Course</li> </ul> <p><b>21</b></p>	<ul style="list-style-type: none"> <li>*Advanced Trauma Life Support (ATLS) Student Course</li> </ul> <p><b>22</b></p>
<ul style="list-style-type: none"> <li>*Advanced Trauma Life Support (ATLS) Student Course</li> <li>*HKMA Bedminion Day</li> <li>*HKMA Structured CME Programme at Kwong Wah Hospital Year 06/07 (I)</li> <li>*HKMA Dragon Boat Practising Session</li> </ul> <p><b>23</b></p>	<ul style="list-style-type: none"> <li>*Certificate Course on Practical Oral Implants (C107)</li> </ul> <p><b>24</b></p>	<ul style="list-style-type: none"> <li>*HKMA Community Network CME Lecture Series on Managing Pneumonia in this Challenging Time of Influenza Epidemic (Tseung Kwan O District)</li> <li>*Roundtable Discussion - Annual General Meeting - Dual Relationships -Big City, Small Town</li> </ul> <p><b>25</b></p>	<ul style="list-style-type: none"> <li>*HKMA Meeting of Editorial Board on "Code of Practice - Health Care Laser System, Hong Kong (2nd Edition)"</li> </ul> <p><b>26</b></p>	<ul style="list-style-type: none"> <li>*Neck Pain &amp; Headache : Pain Medicine Clinic Perspective</li> </ul> <p><b>27</b></p>	<ul style="list-style-type: none"> <li>*Advanced Laparoscopic Gastrointestinal Surgery Course</li> </ul> <p><b>28</b></p>	<ul style="list-style-type: none"> <li>*Advanced Laparoscopic Gastrointestinal Surgery Course</li> </ul> <p><b>29</b></p>
<ul style="list-style-type: none"> <li>*HKMA Dragon Boat Practising Session</li> <li>*Pre-hospital Trauma Life Support (PHTLS) Provider Course</li> </ul> <p><b>30</b></p>						



Date / Time	Function	Enquiry / Remarks
<b>1 SAT</b> (8,12,26,29)	<b>Certificate Course on Common Hand and Upper Limb Injuries (C96)</b> Organised by: Department of Orthopaedics & Traumatology, The University of Hong Kong Medical Centre and the Federation of Medical Societies of Hong Kong # Lecture Hall (4/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong)	Ms. Kitty LEUNG Tel: 2527 8898 Fax: 2865 0345
<b>2 SUN</b>	2:00pm <b>Joint Practice for the HKMA Orchestra and the Learners Chorus</b> Organised by: The Hong Kong Medical Association Chairman: Dr. A. CHAN & Dr. C WONG # Pui Ching Education Centre (42 Gascoigne Road, Kowloon, Hong Kong) 2:15pm <b>HKMA CME Lecture on Management of Stress and Related Problems in Professionals &amp; Stress Management in Doctors</b> Organised by: The Hong Kong Medical Association Chairman: Dr. CM CHAN & Dr. KK KWOK Speakers: Dr. CM CHAN & Dr. WK LEE # The Ballroom, Level 2, Langham Hotel Hong Kong (8 Peking Road, Tsimshatsui, Kowloon) 3:00pm <b>HKMA Dragon Boat Practising Session</b> Organised by: The Hong Kong Medical Association Chairman: Dr. B WONG # Sai Kung 2:00pm <b>HKMA Snooker Tournament</b> Organised by: The Hong Kong Medical Association Chairman: Dr. R. CHEUNG # Prat Billiard Club	Ms. Maggie HUI Tel: 2527 8285 Ms. Dorothy KWOK Tel: 2527 8452 (registration required) 2 CME points Ms. Dora HO Tel: 2527 8285 Ms. Dora HO Tel: 2527 8285
<b>4 TUE</b> 7:30 - 8:30pm	<b>Should There Be Gender Differences When Treating Raised Blood Pressure and Cholesterol</b> Organised by: The Obstetrical and Gynaecological Society of Hong Kong Chairman: Dr. KY LEUNG Speaker: Prof. Neil R POULTER # Miramar Ballroom (Penthouse, Hotel Miramar, Tsimshatsui, Kowloon, Hong Kong)	Ms. Janice CHENG Tel: 2963 5524 1 CME point
<b>6 THU</b> 1:00-1:45pm	<b>Neck Pain &amp; Headache : Pain Medicine Clinic Perspective</b> Organised by: sportsperformance Speaker: Dr. B TAY # sportsperformance (8/F., AON China Building, 29 Queen's Road, Central, Hong Kong)	Ms. Tricia CAITHNESS Tel: 3420 6666 Email:tc@sp.hk (Free admission) 1 CME point
	8:00pm <b>HKMA Council Meeting</b> Organised by: The Hong Kong Medical Association # HKMA Headquarter Office (5/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong)	Ms. Christine WONG Tel: 2527 8285
<b>9 SUN</b>	2:00pm <b>HKMA Structured CME Programme at Queen Elizabeth Hospital Year 06/07 (I)</b> Organised by: The Hong Kong Medical Association and Queen Elizabeth Hospital Chairman: Dr. TC SHIH # Queen Elizabeth Hospital (Lecture Theatre, Block M, G/F., Queen Elizabeth Hospital) 3:00pm <b>HKMA Dragon Boat Practising Session</b> Organised by: The Hong Kong Medical Association Chairman: Dr. B WONG # Sai Kung	Ms. Nina HUNG Tel: 2861 1979 (registration required) 3 CME points Ms. Dora HO Tel: 2527 8285
<b>12 WED</b> (19,26) 7:30am	<b>Post-Registration Certificate Course in Intensive Care Nursing</b> Organised by: Institute of Advanced Nursing Studies # Skills Development Centre, Department of Surgery (University of Hong Kong Medical Centre, Queen Mary Hospital, Pokfulam, Hong Kong) <b>Hong Kong Neurosurgical Society Monthly Academic Meeting - Stem Cell Transplantation in Spinal Cord Injury</b> Organised by: The Hong Kong Neurosurgical Society Chairman: Dr. PH CHAN Speaker: Dr. YC SHA # Seminar Room (G/F, Block A, Queen Elizabeth Hospital, Kowloon, Hong Kong)	Course Administrator Tel: 2855 5836 Dr. YC PO Tel: 2990 3788 Fax: 2990 3788 2 CME points
	7:30 - 8:30pm <b>Bone Quality and Risk &amp; Concern in Postmenopausal Women</b> Organised by: The Obstetrical and Gynaecological Society of Hong Kong Chairman: Dr. SK LAM Speaker: Dr. CK YUEN # Miramar Ballroom A-C (Penthouse, Hotel Miramar, Tsimshatsui, Kowloon, Hong Kong)	Mr. Peter TSANG Tel: 2964 2903 1 CME point
<b>13 THU</b> 2:00pm	<b>HKMA Structured CME Programme with Hong Kong Sanatorium &amp; Hospital Year 2006 (III) - Management of Lung Cancer</b> Organised by: The Hong Kong Medical Association and Hong Kong Sanatorium & Hospital Chairman: Dr. TC SHIH # HKMA Dr. Li Shu Pui Professional Education Centre (2/F., Chinese Club Building, 21-22 Connaught Road C, Hong Kong)	Ms. Nina HUNG Tel: 2861 1979 (registration required) 1 CME point
<b>20 THU</b> 2:00pm	<b>The Fifth Refresher Course on Colonoscopy</b> Organised by: The Family Planning Association of Hong Kong & The Hong Kong Society for Colonoscopy and Cervical Pathology Chairman: Dr. TS WONG Speaker: Dr. TS WONG, Dr. Grace WONG, Dr. SL LÖKE # The Auditorium (8/F Southern Centre, 130 Hennessy Road, Wanchai, Hong Kong)	Ms. Michelle LEE Tel: 2919 7734 Fax: 2919 7790 2 CME points
<b>21 FRI</b>	<b>Advanced Trauma Life Support (ATLS) Student Course</b> Organised by: Department of Surgery, University of Hong Kong Medical Centre # Skills Development Centre, Department of Surgery (University of Hong Kong Medical Centre, Queen Mary Hospital, Pokfulam, Hong Kong)	Course Administrator Tel: 2855 4885/2855 4886 Fax: 2819 3416 email: qmhsdc@hkucc.hku.hk
<b>22 SAT</b>	<b>Advanced Trauma Life Support (ATLS) Student Course</b> Organised by: Department of Surgery, University of Hong Kong Medical Centre # Skills Development Centre, Department of Surgery (University of Hong Kong Medical Centre, Queen Mary Hospital, Pokfulam, Hong Kong)	Course Administrator Tel: 2855 4885/2855 4886 Fax: 2819 3416 email: qmhsdc@hkucc.hku.hk
<b>23 SUN</b> 2:00pm	<b>Advanced Trauma Life Support (ATLS) Student Course</b> Organised by: Department of Surgery, University of Hong Kong Medical Centre # Skills Development Centre, Department of Surgery (University of Hong Kong Medical Centre, Queen Mary Hospital, Pokfulam, Hong Kong) <b>HKMA Hiking</b> Organised by: The Hong Kong Medical Association Chairman: Dr. E LEE # High Junk Peak Country Trail	Course Administrator Tel: 2855 4885/2855 4886 Fax: 2819 3416 email: qmhsdc@hkucc.hku.hk Ms. Dora HO Tel: 2527 8285
	2:00pm <b>HKMA Badminton Day</b> Organised by: The Hong Kong Medical Association Chairman: Dr. SN CHEONG # MacLehose Medical Rehabilitation Centre (Sandy Bay, Hong Kong)	Ms. Dora HO Tel: 2527 8285



Date / Time	Function	Enquiry / Remarks
<b>23 SUN</b> 2:00pm	<b>HKMA Structured CME Programme at Kwong Wah Hospital Year 06/07 (I)</b> Organised by: The Hong Kong Medical Association and Kwong Wah Hospital Chairman: Dr. TC SHIH Speakers: Various from Queen Elizabeth Hospital # Lecture Theatre, 10/F., Yu Chun Keung Medical Memorial Centre, Kwong Wah Hospital	Ms. Nina HUNG Tel: 2861 1979 (registration required) 3 CME points
	3:00pm <b>HKMA Dragon Boat Practising Session</b> Organised by: The Hong Kong Medical Association Chairman: Dr. B WONG # Sai Kung	Ms. Dora HO Tel: 2527 8285
<b>24 MON</b> 7:00-8:30pm	<b>Certificate Course on Practical Oral Implantology (C107)</b> Organised by: Hong Kong Society of Oral Implantology and the Federation of Medical Societies of Hong Kong # Lecture Hall (4/F., Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong)	Ms. Kitty LEUNG Tel: 2527 8898 Fax: 2865 0345
<b>25 TUE</b> 2:00pm	<b>HKMA Community Network CME Lecture Series on Managing Pneumonia in this Challenging Time of Influenza Epidemic (Tseung Kwan O District)</b> Organised by: The Hong Kong Medical Association Chairman: Dr. YS CHAN Speaker: Dr. YS CHAN # Maxim's Restaurant, Metro City Plaza, Tseung Kwan O, NT	Ms. Dorothy KWOK Tel: 2527 8452 (registration required) 1 CME point
	7:00-9:00pm <b>Roundtable Discussion, Annual General Meeting - Dual Relationships :Big City, Small Town</b> Organised by: The Psychotherapy Society of Hong Kong Chairman: Dr. K KOT # Helena May (35 Garden Road, Central, Hong Kong)	Ms. LEUNG Tel: 2881 8860
<b>26 WED</b> 7:30pm	<b>HKMA Meeting of Editorial Board on "Code of Practice - Health Care Laser System, Hong Kong (2nd Edition)</b> Organised by: The Hong Kong Medical Association Chairman: Dr. PC CHOW # HKMA Dr. Li Shu Pui Professional Education Centre (2/F., Chinese Club Building, 21-22 Connaught Road C, Hong Kong)	Ms. Sophia LAU Tel: 2861 1979 (registration required) 1 CME point
<b>27 THU</b> 7:30-8:30pm	<b>Neck Pain &amp; Headache : Pain Medicine Clinic Perspective</b> Organised by: sportperformance Speaker: Dr. B TAY # sportperformance (8/F., AON China Building, 29 Queen's Road, Central, Hong Kong)	Ms. Tricia CAITHNESS Tel: 3420 6666 Email:tc@sp.hk (Free admission) 1 CME point
<b>28 FRI</b> 2:00pm	<b>Advanced Laparoscopic Gastrointestinal Surgery Course</b> Department of Surgery, University of Hong Kong Medical Centre # Skills Development Centre, Department of Surgery (University of Hong Kong Medical Centre, Queen Mary Hospital, Pokfulam, Hong Kong)	Course Administrator Tel: 2855 4885/2855 4886 Fax: 2819 3416 email: qmhsdc@hkucc.hku.hk
<b>29 SAT</b> 2:00pm	<b>Advanced Laparoscopic Gastrointestinal Surgery Course</b> Department of Surgery, University of Hong Kong Medical Centre # Skills Development Centre, Department of Surgery (University of Hong Kong Medical Centre, Queen Mary Hospital, Pokfulam, Hong Kong)	Course Administrator Tel: 2855 4885/2855 4886 Fax: 2819 3416 email: qmhsdc@hkucc.hku.hk
<b>30 SUN</b> 3:00pm	<b>HKMA Dragon Boat Practising Session</b> Organised by: The Hong Kong Medical Association Chairman: Dr. B WONG # Sai Kung	Ms. Dora HO Tel: 2527 8285
	8:00pm <b>Pre-hospital Trauma Life Support (PHTLS) Provider Course</b> Organised by: Department of Surgery, University of Hong Kong and Hong Kong Chapter of the American College of Surgeons	Course Secretariat Tel: 2530 8016



## Calendar of Events

### Meetings

27-28/5/2006	<b>7<sup>th</sup> Regional Osteoporosis Conference</b> Organised by: The Osteoporosis Society of Hong Kong, The Osteoporosis Centre (The University of Hong Kong), The Obstetrical & Gynaecological Society of Hong Kong and Research Centre of Heart, Brain, Hormone & Healthy Aging (The University of Hong Kong) Enquiry: Ms. Cissy SOONG Tel: 2855 3937 Fax: 2855 4176 Email: cissy@hkucc.hku.hk Website: www.hku.hk/medicine/osteocentre
10/6/2006	<b>The Federation's Annual Scientific Meeting 2006 Stem Cells - From Bench to Bedside</b> Organised by: The Federation of Medical Societies of Hong Kong Enquiry: Ms. Sue CHENG Tel: 2527 8898 3937 Fax: 2865 0345 Email: sue.cheng@fmshk.com.hk Website: www.fmshk.com.hk
7-8/7/2006	<b>Hong Kong Surgical Forum</b> Organised by: Department of Surgery, University of Hong Kong Medical Centre Enquiry: Forum Secretary, Department of Surgery, University of Hong Kong Medical Centre, Queen Mary Hospital Tel: 2855 4885/2855 4886 Fax: 2819 3416 Email: hksf@hkucc.hku.hk Website: www.hku.hk/surgery
8/7/2006	<b>Digby Memorial Lecture</b> Organised by: Department of Surgery, University of Hong Kong Medical Centre Enquiry: Forum Secretary, Department of Surgery, University of Hong Kong Medical Centre, Queen Mary Hospital Tel: 2855 4885/2855 4886 Fax: 2819 3416 Email: hksf@hkucc.hku.hk Website: www.hku.hk/surgery
25-27/1/2007	<b>International Colorectal Disease Symposium (ICDS) 2007</b> Organised by: Hong Kong Society for Coloproctology Enquiry: Ms. Olivia HO Tel: 2595 6362 4886 Fax: 2515 3195

### Courses

3/5/2006	<b>Certificate Course on Common Hand and Upper Limb Injuries (C96)</b> Organised by: Department of Orthopaedics & Traumatology, The University of Hong Kong Medical Centre and the Federation of Medical Societies of Hong Kong Enquiry: Ms. Kitty LEUNG Tel: 2527 8898 Fax: 2865 0345
3,10,17,24/5/2006 7,14,21,28/6/2006 5,12,19,26/7/2006 2,9,16,23,30/8/2006 4/10/2006	<b>Post-Registration Certificate Course in Intensive Care Nursing</b> Organised by: Institute of Advanced Nursing Studies Enquiry: Course Secretariat, Institute of Advanced Nursing Studies, Hospital Authority, Queen Mary Hospital Tel: 2855 5836



7/5/2006, 10&18/6/2006	<b>Pre-hospital Trauma Life Support (PHTLS) Provider Course</b> Organised by: Department of Surgery, University of Hong Kong and Hong Kong Chapter of the American College of Surgeons Enquiry: Course Secretariat, Department of Surgery, University of Hong Kong Medical Centre Tel: 2530 8016
11/5/2006 1:00-1:45pm	<b>Combat Sport Injuries</b> Organised by: sportsperformance Enquiry: Ms .Tricia CAITHNESS Tel: 3420 6666 Email: tc@sp.hk 1 CME Point (Free of charge)
13,20,27/5/2006	<b>Certificate Course on Infection Control in Clinic Settings (C99)</b> Organised by: The Federation of Medical Societies of Hong Kong Enquiry: Ms. Kitty LEUNG Tel: 2527 8898 Fax: 2865 0345
19,26/5/2006 2,9/6/2006	<b>Certificate Course on Specific Learning Disabilities for Medical Professionals and Paediatricians</b> Organised by: The Hong Kong Society of Child Neurology & Developmental Paediatrics Enquiry: Ms. Daisy CHIU Tel: 2510 6344 Fax: 2510 6361
25/5/2006 7:30-8:30pm	<b>Combat Sport Injuries</b> Organised by: sportsperformance Enquiry: Ms .Tricia CAITHNESS Tel: 3420 6666 Email: tc@sp.hk 1 CME Point (Free of charge)
26 - 28/5/2006	<b>Advanced Trauma Life Support (ATLS) Student Course</b> Organised by: Department of Surgery, University of Hong Kong and Hong Kong Chapter of the American College of Surgeons Enquiry: Course Secretariat, Department of Surgery, University of Hong Kong Medical Centre Tel: 2855 4885 Fax: 2819 3416 Email:qmhsdc@hkucc.hku.hk website: www.hku.hk/surgery
26-27/5/2006	<b>IOF Osteoporosis Diagnosis Course</b> Organised by: International Osteoporosis Foundation, The Osteoporosis Society of Hong Kong and the Osteoporosis Centre (The University of Hong Kong) Enquiry: Ms. Cissy SOONG Tel: 2855 3937 Fax: 2855 7176 Email: cissy@hkucc.hku.hk Website: www.hku.hk/medicine/osteoecentre
30/5 - 4/7/2006	<b>Certificate Course on Respiratory Medicine (C104)</b> Organised by: Hong Kong Thoracic Society/ American College of Chest Physicians and the Federation of Medical Societies of Hong Kong Enquiry: Ms. Kitty LEUNG Tel: 2527 8898 Fax: 2865 0345
8/6/2006 1:00-1:45pm	<b>Performance Enhancement for Runners: Injury Prevention for Competition</b> Organised by: sportsperformance Speaker: Dr. J. BROCKWELL & the sportsperformance team Enquiry: Ms .Tricia CAITHNESS Tel: 3420 6666 Email: tc@sp.hk 1 CME Point (Free of charge)
22/6/2006 7:30-8:30pm	<b>Performance Enhancement for Runners: Injury Prevention for Competition</b> Organised by: sportsperformance Speaker: Dr. J. BROCKWELL & the sportsperformance team Enquiry: Ms .Tricia CAITHNESS Tel: 3420 6666 Email: tc@sp.hk 1 CME Point (Free of charge)
18/7 - 22/8/2006	<b>Certificate Course on Child Neurology and Developmental Paediatrics</b> Organised by: Hong Kong Society of Child Neurology & Developmental Paediatrics and the Federation of Medical Societies of Hong Kong Enquiry: Ms. Kitty LEUNG Tel: 2527 8898 Fax: 2865 0345
2-3/9/2006	<b>Advanced Medical Life Support (AMLS) Provider Course</b> Organised by: Department of Surgery, University of Hong Kong Medical Centre Enquiry: Course Administrator, Department of Surgery, University of Hong Kong Medical Centre, Queen Mary Hospital Tel: 2855 4885 Fax: 2819 3416 Email:qmhsdc@hkucc.hku.hk website: www.hku.hk/surgery
18/8 - 22/9/2006	<b>Certificate Course on Orthoptics</b> Organised by: Hong Kong Orthoptists Association and the Federation of Medical Societies of Hong Kong Enquiry: Ms. Kitty LEUNG Tel: 2527 8898 Fax: 2865 0345
14/9/2006 1:00-1:45pm	<b>Golfing Injuries: Prevention and Treatment</b> Organised by: sportsperformance Speaker: Dr. C TONG & Mr. A SMITH Enquiry: Ms .Tricia CAITHNESS Tel: 3420 6666 Email: tc@sp.hk 1 CME Point (Free of charge)
20/9 - 25/10/2006	<b>Certificate Course for Clinic Nurses</b> Organised by: The Federation of Medical Societies of Hong Kong Enquiry: Ms. Kitty LEUNG Tel: 2527 8898 Fax: 2865 0345
28/9/2006 7:30-8:30pm	<b>Golfing Injuries: Prevention and Treatment</b> Organised by: sportsperformance Speaker: Dr. C TONG & Mr. A SMITH Enquiry: Ms .Tricia CAITHNESS Tel: 3420 6666 Email: tc@sp.hk 1 CME Point (Free of charge)
12/10/2006 1:00-1:45pm	<b>A Question of Tort: Sport, Injury and the Law</b> Organised by: sportsperformance Speaker: Dr. B MURPHY Enquiry: Ms .Tricia CAITHNESS Tel: 3420 6666 Email: tc@sp.hk 1 CME Point (Free of charge)
17/10 - 21/11/2006	<b>Certificate Course in Ophthalmology</b> Organised by: The Hong Kong Ophthalmological Society and the Federation of Medical Societies of Hong Kong Enquiry: Ms. Kitty LEUNG Tel: 2527 8898 Fax: 2865 0345
26/10/2006 7:30-8:30pm	<b>A Question of Tort: Sport, Injury and the Law</b> Organised by: sportsperformance Speaker: Dr. B MURPHY Enquiry: Ms .Tricia CAITHNESS Tel: 3420 6666 Email: tc@sp.hk 1 CME Point (Free of charge)
6/11 - 11/12/2006	<b>Certificate Course on Sleep Health &amp; Disorders</b> Organised by: Hong Kong Society of Sleep Medicine and the Federation of Medical Societies of Hong Kong Enquiry: Ms. Kitty LEUNG Tel: 2527 8898 Fax: 2865 0345
8/11 - 13/12/2006	<b>Certificate Course on Diagnosis, Prevention and Management of Thalassaemia</b> Organised by: Hong Kong Society for the Study of Thalassaemia and the Federation of Medical Societies of Hong Kong Enquiry: Ms. Kitty LEUNG Tel: 2527 8898 Fax: 2865 0345
9/11/2006 1:00-1:45pm	<b>The Science of Dance: A Medical Perspective</b> Organised by: sportsperformance Speaker: Dr. J. BROCKWELL & Ms. A SIU Enquiry: Ms .Tricia CAITHNESS Tel: 3420 6666 Email: tc@sp.hk 1 CME Point (Free of charge)
23/11/2006 7:30-8:30pm	<b>The Science of Dance: A Medical Perspective</b> Organised by: sportsperformance Speaker: Dr. J. BROCKWELL & Ms. A SIU Enquiry: Ms .Tricia CAITHNESS Tel: 3420 6666 Email: tc@sp.hk 1 CME Point (Free of charge)

## Answer to Clinical Quiz

### Answer :

1. The diagnosis is melanoma. It is of the subungual subtype which presents as painless areas of pigmentation expanding under the nail and onto the nail fold, exhibiting the Hutchinsonian's sign as demonstrated in our patient. The malignant nature of the disease is clearly shown by the irregularly deeply pigmented melanocytic lesion edge. There is also variation of the shade of pigmentation under the toenail, at the nail fold and the nail bed. These are in contrast to the uniformly pigmented and regularly edged discolouration band of nail occasionally seen in longitudinal melanonychia, which is a benign melanocytic proliferation in the nail matrix.

Once melanoma is suspected, histological confirmation should be established as early as possible. In our case, a nail matrix/bed biopsy had confirmed the diagnosis. Histology helps to assess prognosis. Breslow's thickness measures the vertical distance from the granular cell layer to the deepest part of the tumour. Thin melanoma of <0.76mm has a five-year survival of 98% while thick tumour of >4mm yields only 40% five-year survival. As melanoma may present with occult metastasis, full physical examination including regional lymph nodes examination and palpating for metastatic organomegaly in the abdomen are important to stage the disease clinically. Chest X-ray, complete blood picture, renal, liver function tests and CT scan of abdomen, if indicated clinically, are important investigations for proper disease staging that guide subsequent treatment and prognosis.

3. Once the diagnosis of melanoma is confirmed, this patient should be urgently referred to the surgeon to seriously consider amputating the big toe, as the disease is apparently too extensive for wide margin excision at this difficult site. Elective regional lymph node dissection may benefit patient with tumour of intermediate thickness (2-3.5mm). Chemotherapy, rarely curative, is palliative in 25% of patients with stage III (metastatic) melanoma. Life long follow-up is subsequently necessary to look for local recurrence, regional and distant metastasis, or melanoma at other sites.

**Dr. Ka-ho Lau**

*Yaumatei Dermatology Clinic, Social Hygiene Service*